



ZONDAGROOSTER

22-apr	Maureen/Anita	STEP
29-apr	Esther R	PUMP
6-mei	Irene	BODY BALANCE
10-mei	Isabella	XCORE (Hemelvaart)
13-mei	Dionne	FULL BODY TRAINING
21-mei	Irene	COMBAT (Tweede Pinksterdag)
27-mei	Maureen/Anita	FULL BODY TRAINING
3-jun	Esther R	XCORE
10-jun	Maureen/Carmen	PILATES
17-jun	Esther R	PUMP
24-jun	Isabella/Anita	STEP
1-jul	Maureen/Carmen	PILATES
8-jul	Irene	COMBAT