



## ZONDAGROOSTER

4-mrt	Maureen/Esther R	XCORE
11-mrt	Esther R	PUMP
18-mrt	Esther R	XCORE
25-mrt	John/Anita	STEP
2-apr	Esther R	PUMP (Tweede Paasdag)
8-apr	Esther R	XCORE
15-apr	Dionne	BODYSHAPE
22-apr	Irene	COMBAT
29-apr	Esther R	PUMP
6-mei	Maureen/Anita	STEP
10-mei	Isabella	XCORE (Hemelvaart)
13-mei	Maureen/Anita	FULL BODY TRAINING
21-mei	Irene	COMBAT (Tweede Pinksterdag)
27-mei	Maureen/Anita	FULL BODY TRAINING
3-jun	Esther R	XCORE
10-jun	Maureen/Carmen	PILATES
17-jun	Esther R	PUMP
24-jun	Isabella/Anita	STEP
1-jul	Maureen/Carmen	PILATES
8-jul	Irene	COMBAT